**Lesson #1: Phuckable Mindset Introduction**

Yo.

Welcome to The Phuckable Mindset.

All this knowledge you just learned is great, but without the right mindset, you will not be able to apply any of this, or once you accomplish your goals, you won't be able to enjoy what you created, alright?

This module covers confidence, how to be confident with women, and motivation, how to get and stay motivated, and how to pursue your goals and happiness without letting anyone hold you back.